

About Our Program

Pediatric Rehabilitation Services of Boulder Community Hospital is looking forward to another year of exciting summer activities!

The goal of our program is to help children of all ages realize their greatest potential. Our treatment philosophy is to improve a child's overall functional abilities while minimizing disabilities.

The summer programs give children the opportunity to work on physical, behavioral and language difficulties in exciting and challenging settings. With our high therapist to child ratio, activities can be tailored to meet the individual child's needs and to carry over therapy goals. Working on attention, language, communication, sensory and physical coordination are also built into camp activities. Emphasis is placed on interacting with peers at camp.

Qualified Staff

Our staff members are experienced and highly trained pediatric specialists.

Physical and Occupational therapists are skilled in helping children use their muscles to explore their environment and in helping them to interpret and learn from information in their surroundings.

Speech and language therapists assist children with talking and communicating their thoughts and ideas. We also assist children who have learning problems or other difficulties in school.

Therapists help children develop social skills in fun, natural settings.

Funding

Scholarships may be available to help with camp costs. Families may also submit to private insurance or access flexible healthcare spending accounts. Please call for more information about funding possibilities.

To Sign Up

For enrollment or further information please call 303-441-2385 or email us at smorris@bch.org.

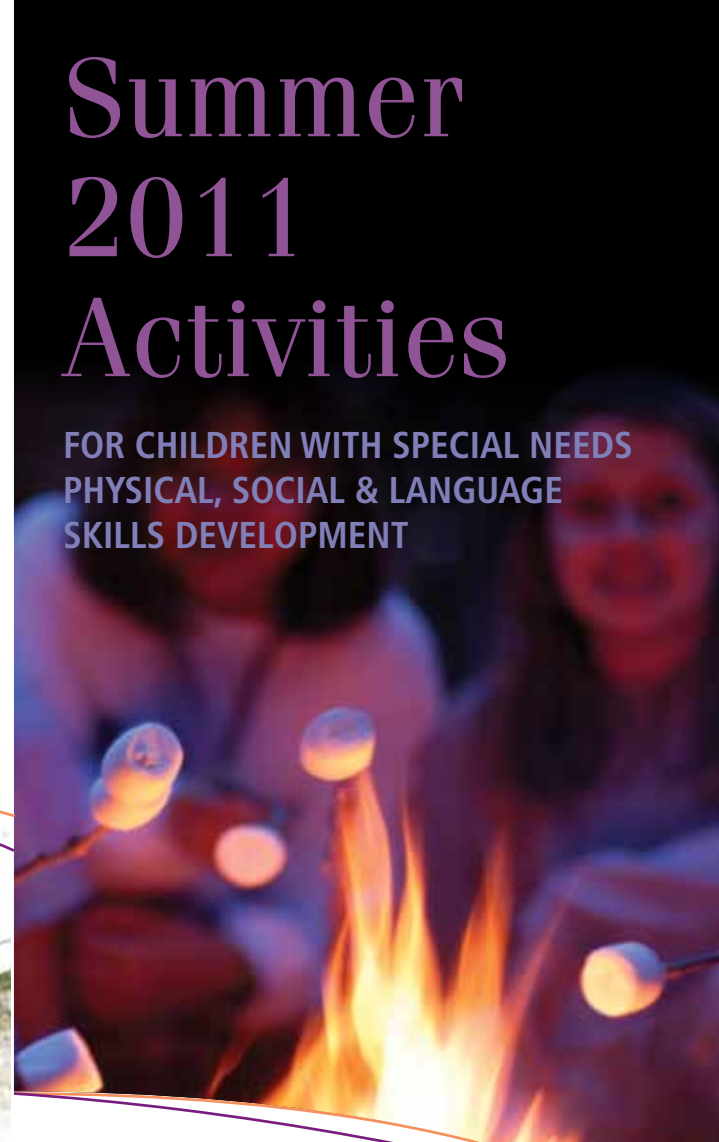
Enrollment in summer programs assumes attendance at all sessions and payment for the same. A deposit is required for groups and is payable at time of acceptance into the program. All children will be screened to assure proper group placement.

DEADLINE FOR SIGNING UP IS MAY 6, 2011

Deposits must be made by May 6th in order for your child to attend the desired camps. Full payment is required before or on the first day of camp.

Summer 2011 Activities

**FOR CHILDREN WITH SPECIAL NEEDS
PHYSICAL, SOCIAL & LANGUAGE
SKILLS DEVELOPMENT**



**BOULDER COMMUNITY HOSPITAL'S
PEDIATRIC REHABILITATION SERVICES**
bch.org/kids

MAPLETON CENTER

311 Mapleton Avenue, Boulder, CO
bch.org | 303-441-0526



Boulder Community Hospital

The best place to get better

bch.org

Camp Mapleton

This day camp experience for 5-7 year olds targets having fun, communicating with peers, following a routine, safety awareness and practicing motor skills in a play-based setting. Children with language, motor and attention difficulties will benefit from this camp. Each day will consist of activities such as books, art projects, picnics, swimming, outdoor games and hiking. Safety awareness skills will be practiced during activities in the community. Camp will take place at the Mapleton Center with a couple of outings in the Boulder area. Parents are responsible for transportation and providing a sack lunch each day.

- » **AGES:** 5 – 7 years
- » **DATES:** Monday – Friday, June 13th – 17th
- » **HOURS:** 10 a.m. to 2 p.m. – bring a lunch!
- » **COST:** \$400
- » **DEPOSIT:** \$50 – refundable upon child's attendance at the camp.

Mountain Day Camp

Mountain Day Camp is run through Altogether Outdoors, which is local and accredited through American Camp Association. Therapists from the Mapleton Center work with camp staff to coordinate goals and activities to meet the needs of children attending the camp. Children with language, sensory processing and attention needs will benefit from this day camp. While doing craft projects and playing games, campers work on getting along with others and improving their focus and attention span. Activities such as hiking, outdoor awareness and team building games will be structured to build communication skills, physical coordination and an increased sense of self competence. Activities will be held at Eldorado Canyon State Park.

- » **NEW DROP OFF INFO:** First day of camp drop off will be at Whittier Elementary, located at 20th and Pine. For additional drop off and pick up information, please visit www.aocamps.com.
- » **AGES:** 7 – 12 years
- » **HOURS:** 8:15 a.m. drop off; 4:15 p.m. pick up
- » **DATES:** June 27th – July 8th
- » **COST:** \$740 for both weeks of camp
- » **DEPOSIT:** \$50 – refundable upon child's attendance at the camp.
- » **WEB SITE:** www.aocamps.com



Helping Hands Camp

Helping Hands Camp is designed to incorporate constraint-induced movement therapy (CIMT) by engaging campers in meaningful and purposeful activity with the affected upper extremity. The goal of camp is to gain functional use of this arm and reduce the likelihood of non-use. Activities simulate a daily routine including dressing, brushing teeth, meals, and age appropriate indoor and outdoor play (gardening, group games, crafts, water play and music).

Constraint-Induced Movement Therapy (CIMT) is a treatment approach used for children with hemiplegia or central nervous system damage affecting sensory and motor function on one side of the body. Often when a child has difficulty using one limb, they experience “learned non-use” as a result. Research shows that when a child receives intensive training in the use of the more-affected arm by restraining the unaffected one, the brain can grow new neural pathways, also termed cortical reorganization.

CIMT requires at least some functional grasp with the involved hand to be an effective treatment approach. During camp, the non-affected upper extremity will be restrained using a fiberglass cast fabricated during the precamp OT clinic visit. Camp will take place at the Mapleton Center.

- » **AGES:** 3 – 14 years
- » **DATES:** Monday – Friday, June 20th – 24th
- » **HOURS:** 8 a.m. – 1:30 pm – bring a lunch
- » **COST:** \$500
- » **DEPOSIT:** \$50 – refundable upon child's attendance at the camp

“How Does Your Engine Run?”®

This is an Occupational Therapy intervention that uses an effective engine speed analogy to teach children and their parents self-regulation (changing how alert we feel). We teach children to use strategies at school and at home to be in an optimal state for learning, playing or interacting with their friends, family and peers. We have adapted and condensed the original program into 6 weekly visits with one therapist to one child so your child will receive individual attention while participating with other children. We try to limit this group to four children and it is charged the same as any other individual treatment session. ***It is necessary for at least one parent to participate in each session as we give much parent education and homework for the following week.***

If you are interested in this program or have other questions, please email jbutler@bch.org for days and times. To read more about the Alert Program, go to www.AlertProgram.com.

“PEAK” Adventure Camp

PEAK (Personal Excellence for All Kids) is a custom-designed and individualized overnight camp program for 9 to 13 year olds with social skills, flexibility, motor skills and sensory processing needs. Activities include hiking, canoeing, rock climbing, a high ropes course, cooking together, social skits and games. Social skills concepts will be integrated into the various activities throughout the camp week. Support from Mapleton therapists and camp staff will make this an individualized, fun and positive experience!

Parents drop off and pick up their children in Breckenridge. Carpooling information is available.

- » **AGES:** 9 – 13 years
- » **DATES:** August 1st – 5th
- » **COST:** \$750 for the week; meals provided
- » **DEPOSIT:** \$50 – refundable upon child's attendance at the camp

