

Breast Health Navigator



WHAT IS A BREAST HEALTH NAVIGATOR?

The Breast Health Navigator helps patients and their families maneuver successfully through the health care system.

Our Breast Health Navigator is a trained oncology nurse who provides emotional support and helps guide patients through their breast cancer treatment, from diagnosis to recovery and beyond.

WHAT DOES A BREAST HEALTH NAVIGATOR DO?

PERSONAL ADVOCATE

- Helps guide patients through all the treatment options available
- Stays in constant communication with the patient's primary care physician, oncologist, radiologist and surgeon throughout the treatment process

SUPPORT AND RESOURCE PROVIDER

- Provides emotional support to the patient and her/his family
- Leads and facilitates support groups for patients and their families
- Recommends resources and provides referrals to social workers, psychologists, support and medical staff

EDUCATOR

- Explains the advantages and disadvantages of various treatment options
- Serves as a triage manager to assess the patient's educational and social needs and refer the patient to the proper resources
- Researches and supplies current educational information to physicians, nurses and patients
- Educates other medical personnel in understanding benign and malignant diseases and their treatment as well as the patients' emotional and social recovery
- Educates the public on the early detection of breast disease and breast-exam skills
- Serves as a public advocate for the needs of breast cancer patients and their families

Learn how our Breast Health Navigator can help you.

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