

GIRLS CAN JUMP

\$120 per athlete

ACL Strengthening and Conditioning Clinics Fall 2009

Girls Age 11-18 (Mid/High School Students)



September, 2-30, 2009
Mondays and Wednesdays
(no session on Labor Day)

September 3-29, 2009
Tuesdays and Thursdays

October 5-28, 2009
Mondays and Wednesdays

October 6-29, 2009
Tuesdays and Thursdays

Each session meets from 4:30 pm—5:30 p.m. at our Boulder location, 311 Mapleton Ave. Each Clinic is limited to 5 participants. Payment must be received to reserve a space in a class. Return this form to Boulder Center for Sports Medicine with payment, or call (303) 441-2285 and have the information requested below.

REGISTRATION INFORMATION

Name: _____ DOB: _____

Home Address: _____

Home Phone Number: _____ Cell: _____

Emergency Contact / Phone: _____

Sport: _____ Team: _____

Grade: _____ School: _____

Payment: **Check #** _____

Cash

Credit Card

Visa

MC

AmEx

Discover

Card# _____

Security Code _____ Exp Date _____

Consent to participate: Our staff will take all safety precautions possible during this training clinic. Training and conditioning does have some risk, such as soreness, sprain/strain, injury, fracture, abrasions, contusions, pulmonary and cardiac stress, and in very rare cases, can even result in death. By signing this consent, you are stating that your child is healthy enough to participate in strengthening and training activities, and that you will not hold BCSM liable for any of the conditions listed above. If you have concerns about your child's participation, please contact your family physician or call our office and speak to one of our physical therapist involved in the training camp.

I have read and understand the above paragraph and believe my child is healthy enough to participate in this camp.

Parent/Guardian Signature

Date