



CHASE

Colorado Healthcare Affordability and
Sustainability Enterprise

1570 Grant Street
Denver, CO 80203

Hospital Transformation Program

Intervention Proposal

I. Background Information

This Intervention Proposal is designed to clearly articulate the scope and goals of proposed transformation interventions aimed at impacting the hospital's selected local quality measures under the HTP. The following questions are meant to assist the state in identifying: the evidence base for each intervention; the need within targeted communities for the implementation of the interventions; and how the interventions will advance the goals of the HTP.

Hospitals will not be required to implement a specified number of interventions. Instead, participation requirements are based on the selection of local quality measures to impact within the five HTP Focus Areas:

- Reducing Avoidable Hospital Utilization
- Core Populations
- Behavioral Health and Substance Use Disorders
- Clinical and Operational Efficiencies
- Community Development Efforts to Address Population Health and Total Cost of Care

Hospitals will be required to address statewide measures for each Focus Area. Hospitals will also be required to select from the [HTP list of local measures](#) across the five Focus Areas based on community needs and the goals of the HTP. Each hospital will be required to work on a set of measures equal to 100 points. The number, mix and points per measure will vary according to hospital size, defined by bed count or specialty type:

- Large hospitals (91+ beds) will be accountable for six statewide measures, totaling 60 points and a minimum of four local measures, which will account for 40 points. Points per local measure will equal 40 divided by the number of local measures selected.
- Medium hospitals (26-90 beds) will be accountable for six statewide measures and a minimum of two local measures. If two local measures are selected, statewide measures will total 75 points, and local measures will account for 25 points. Points per local measure will equal 25 divided by the number of local measures selected. If three local measures are selected, then statewide measures will total 67 points and local measures will account for 33 points. Points per local measure will equal 33 divided by the number of local measures selected. If four or more local measures are selected, then statewide measures will then total 60 points and local measures will account for 40 points. Points per local measure will equal 40 divided by the number of local measures selected for four or more local measures.
- Small hospitals (<26 beds) excluding critical access hospitals will be accountable for six measures (statewide or local) to account for 100 points. Points per each measure will equal 100 divided by the number of measures selected.
- Critical access hospitals will be accountable for six measures (statewide or local) and will have their risk for measures reduced by 40%.
- Pediatric hospitals will be accountable for five statewide measures, totaling 50 points and a minimum of five local measures, which will account for 50 points. Points per local measure will equal 50 divided by the number of local measures selected.



- Respiratory specialty hospital(s) will be accountable for four statewide measures and a minimum of four local measures. If four measures are selected then statewide measures will total 56 points and local measures will account for 44 points. Points per local measure will equal 44 divided by the number of local measures selected. If five or more measures are selected, then statewide measures will total 50 points and local measures will total 50 points. Points per local measure will equal 50 divided by the number of local measures selected.

Hospitals have the option to work on local measures beyond the required minimum. This would spread the local measure risk by reducing the points per local measure.

In addition, hospitals have the option to replace a local measure with a statewide priority. Each statewide priority will be worth 20 points and if selected the points for each remaining local measure will be equal to the remaining total required local measure points divided by the number of local measures, greatly reducing the risk associated with those measures.

Hospitals should consult the Measure Scoring Summary, which can be found on the HTP webpage, for more information about measure selection, requirements and scoring.

Hospitals must then design five-year interventions that will impact their selected quality measures.

Hospitals must demonstrate that their proposed interventions will fulfill the goals of the HTP and are evidence-based. They must also justify the selection of each intervention based on the findings of the Community and Health Neighborhood Engagement process, including the environmental scan and feedback.

Each hospital will need to report its own data and submit its own application, but partnerships between hospitals may occur in some instances.

Hospitals may leverage existing resources for interventions, and existing interventions may be considered insofar as they expand or enhance the Department's noted goals and meet the following criteria:

- The hospital must demonstrate that the existing intervention is being selected because it is the best approach for meeting the needs of the community identified during the Community and Health Neighborhood Engagement process.
- The hospital must demonstrate that the intervention can and will be enhanced to meet HTP goals.

In addition to meeting the above criteria, any hospital proposing existing interventions for participation in the HTP will be expected to propose and implement accelerated milestones in the Implementation Plan for such interventions.

This Intervention Proposal must be completed separately for each of the interventions being proposed for inclusion in the HTP. Hospitals must submit interventions that, together, address all of the statewide quality measures and the local quality measures listed in the hospital's response to Question 6 in the Hospital Application.



II. Overview of Intervention

1. Name of Intervention: Length of Stay Plan

2. Please use the table below to identify which statewide and selected local quality measures (from the hospital's response to Question 6 in the Hospital Application) the hospital will address through this intervention. As a reminder, each of the statewide and selected local quality measures must be identified for at least one intervention. As such, if this is the only intervention addressing a given Focus Area, all statewide quality measures and all selected local quality measures for that Focus Area must be included in this response. This response should align with the intervention-specific list included in the response to Question 7 in the Hospital Application.

Please note, hospitals are also required to complete the Intervention Proposal below for statewide priorities identified in Question 6 of the HTP Hospital Application.

Please use the unique identification code from the Performance Measures List (which is available on the [HTP website](#)) to identify your selected measures. For example, the measure "30 Day All Cause Risk Adjusted Hospital Readmission" should be listed as SW-RAH1.

Response (Please format the response as a numbered list)

1. SW-PH1: Severity Adjusted Length of Stay

3. Please use the space below to describe the intervention and the rationale for its selection. Responses should include:

- A description of the intervention;
- Who will be the target population for the intervention; and
- How the intervention advances the goals of the HTP:
 - ✓ Improve patient outcomes through care redesign and integration of care across settings;
 - ✓ Improve the patient experience in the delivery system by ensuring appropriate care in appropriate settings;
 - ✓ Lower Health First Colorado (Colorado's Medicaid Program) costs through reductions in avoidable hospital utilization and increased effectiveness and efficiency in care delivery;
 - ✓ Accelerate hospitals' organizational, operational, and systems readiness for value-based payment; and
 - ✓ Increase collaboration between hospitals and other providers, particularly Accountable Care Collaborative (ACC) participants, in data sharing and analytics, evidence-based care coordination and care transitions, integrated physical and behavioral care delivery, chronic care management, and community-based population health and disparities reduction efforts.

Response (Please seek to limit the response to 1,000 words or less)

The SW-PH1 intervention, Length of Stay (LOS) measure for Medicaid patients, includes incorporating LOS focus in the Utilization Review Committee. A Medicaid dashboard will be developed for review at the Utilization Review Committee.



The Utilization Review Committee consists of a multidisciplinary team which includes representatives from BCH administration, including our CMO, two physician representatives, the Director of CM, Quality, Compliance and nursing leadership as indicated. The committee will be restructured to include the evaluation of the LOS data and outliers, high cost medical interventions, medical necessity denials and routine case reviews and analysis specific to the Medicaid population. Review of the data will take place regularly in the committee and will identify any opportunities for improvement. The data will be shared with additional groups, including the Readmission Avoidance Committee and the Quality and Patient Safety Council, when appropriate. This intervention advances the goals of HTP by reviewing avoidable hospital utilization and increased effectiveness and efficiency in care delivery. The Utilization Review Committee assists in the review of appropriate treatments and services to ensure they are medically necessary. This aligns with the committee review of LOS specific to the Medicaid population by incorporation of a dashboard to assist with data transparency and analytics.

4. Please use the space below to describe how the intervention and any selected local quality measures to be addressed by the intervention align with community needs identified throughout the Community and Health Neighborhood Engagement process (including data identified in the hospital's CHNE midpoint and final reports), including but not limited to:
- How the intervention and any selected local quality measures to be addressed by the intervention were selected based on identified community needs, including how they align with identified significant behavioral and physical health needs and / or service capacity resources and gaps, including related to care transitions and social determinants of health;
 - How the population of focus aligns with identified community needs; and
 - How the proposed intervention will leverage available medical and / or social resources and partners.

Response (Please seek to limit the response to 1,500 words or less)

The CHNA assists in identifying community health needs to develop improvement strategies. BCH CHNA process identified chronic disease management and access to care as needs within the community. A Length of Stay Plan aligns by supporting appropriate treatments and services.

5. Please identify the evidence base (academic, professional or otherwise) related to this intervention's use among the target population by selecting one of the following options:
- (1) Randomized Control Trial (RCT) level evidence
 - (2) Best practice supported by less than RCT evidence
 - (3) Emerging practice
 - (4) No evidence

If you selected option 1, 2 or 3 above, please use the space below to summarize the evidence base (academic, professional or otherwise) related to this intervention's use among the target population. The response should address the intervention's ability to impact the selected local and statewide quality measures identified in Question 6 in the Hospital Application. Please submit the response in narrative form and provide links to any reference documentation (data, citations, etc.).

If you selected option 4 indicating that there is no known evidence base, please explain why this intervention is being proposed regardless.



Response (Please seek to limit the response to 1,500 words or less)

Option 3 - Emerging practice. Although this intervention is a fairly new practice, a body of evidence exists to support hospital committees taking a decidedly detailed look at what measures truly indicate quality related to patient length of stay. With the over-arching goals of not only quality care but improving efficiency and reducing costs, for the patient as well as the hospital, the research points a few key factors. Peres, et al (2020) tells us that early identification of prolonged stay patients, especially those in the ICU, can contribute to unit efficiency by anticipating needed resources (4). Lu et al (2015) encourage the use of risk-adjustment models to account for not only long LOS, but also that wide variation that can exist across different procedures or patient populations (3). The challenge that hospitals are face relates to emphasis that is now put on value-based care and achieving the most desirable outcomes at a fair price (2). Brasel et al (2007) also beg the question; is LOS an appropriate measure to determine hospital quality (1)? Both the Brasel article and Lu et al (2015) assert that non-clinical factors have major influence on LOS.

References -

1. Brasel, K., Lim, H., Nirula, R., Weigelt, J. (2007). Length of Stay: An Appropriate Quality Measure? *Journal of the American Medical Association, Archives of Surgery*. 142(5). 461-466. doi:10.1001/archsurg.142.5.461
2. Fry., D., Nedza, S., Pine, M., Reband, A., Huang, CJ, Pine, G. (2018). 97 (37). 1 - 9 doi: 10.1097/MD.00000000000012269
3. Lu, M., Sajobi. T., Lucyk, K., Lorenzetti, D., Quan, H. (2015). Systematic Review of Risk Adjustment Models of Hospital Length of Stay (LOS). *Med Care*. 53(4). 355 - 365. doi: 10.1097/MLR.0000000000000317. PMID: 25769056
4. Peres I., Hamacher, S., Oliveira, F., Thomé, A, Bozza, F. (2020) What factors predict length of stay in the intensive care unit? Systematic review and meta-analysis. *Journal of Critical Care*. 60. 183-194. doi: 10.1016/j.jcrrc.2020.08.003

6. a. Does the focus of the proposed intervention intersect with ongoing initiatives statewide (including, but not limited to those included in the ACC, State Innovation Model and Comprehensive Primary Care Plus)?

Yes

No

b. If yes, please identify the applicable statewide initiative(s): (you may select more than one response from the list below)

[Behavioral Health Task Force](#)

[Affordability Road Map](#)

[IT Road Map](#)

[HQIP](#)



- [ACC](#)
- [SIM Continuation](#)
- Rx Tool
- [Rural Support Fund](#)
- [SUD Waiver](#)
- [Health Care Workforce](#)
- [Jail Diversion](#)
- Crisis Intervention
- [Primary Care Payment Reform](#)
- Other: ____ (please identify)

Please also use the space below to briefly explain how the hospital will ensure the intervention aligns with the applicable ongoing initiative(s).

Response (Please seek to limit the response to 750 words or less)

The intervention selected aligns with the ongoing statewide initiatives that include, but are not limited to, the following:

Affordability Road Map - BCH is a partner on the journey to make healthcare more accessible to Coloradans covered by Medicaid and will use this intervention to continue to support Innovative Health Care Delivery and Reform Models. By engaging in routine and detailed analysis of patient LOS, and looking for ways improve efficiency, BCH can implement long-term changes in how high quality care is delivered.

ACC -BCH's goals for SW PH1 align closely with those of the of the ACC in seeking to improve member health by addressing LOS and, as a result, reducing costs associated with long LOS. We will achieve this by engaging all aforementioned systems and service lines as well as by strengthening coordination of services through Team based Care and Health Neighborhoods. This will provide more collaboration across the care continuum and allow participants to access resources that can support overall health and avoid or shorten hospitalization.

7. Please use the space below to explain any experience the hospital or any affiliated community partners have had with this type of intervention or target population and how that experience will support the success of the intervention.

Response (Please seek to limit the response to 500 words or less)

BCH has experience utilizing governance structures to improve performance on patient safety and quality metrics, including efficiently addressing LOS. We have not used this intervention to directly impact the LOS rates of Medicaid-specific patients but hope have significant impact for this population. Our prior experience with this framework will enhance the likelihood of success with this important initiative. In addition, our local FQHC has a strong commitment and dedicated program to improve transitions of care for their Medicaid population and can assist BCH in supporting patients with overall care and avoid long LOS when hospitalization is necessary.



8. a. Is this an existing intervention in use within the hospital (“existing interventions” are those interventions the hospital has implemented or is implementing on the day it submits the Hospital Application)?

Yes

No

b. If yes, please use the space below to explain how the following criteria for leveraging existing interventions is satisfied (the response may reference answers above):

- The hospital must demonstrate that the use of the existing intervention is the best approach for meeting the needs of the community identified during the Community and Health Neighborhood Engagement process.
- The hospital must demonstrate that the project will be enhanced to meet HTP goals.

Response (Please respond as applicable; Please seek to limit the response to 1,000 words or less)

This intervention was not already in existence; hence the remaining portion of this question is not applicable. No response is required in section B.

9. a. Will the intervention be a joint effort with another organization (e.g., a Regional Accountable Entity, Local Public Health Agency, a mental or community health center, another community organization or any other external organization)?

Yes

No

Partnerships are not required, but, if the hospital will partner, please complete the remainder of this question and provide the required documentation (see subpart c).

b. If yes, please complete the following chart, including listing the partner organization; listing the type of organization; indicating whether the hospital has previously partnered with the organization; and providing a high-level summary of the expected role of the organization in intervention’s leadership and implementation.

Partner Organization Name	Type of Organization	Does the hospital have any previous experience partnering with this organization? (Yes or No)	Organization’s Role in Intervention Leadership and Implementation (high-level summary)
Clinica Family Health Organization	FQHC	Yes	Active engagement of their population in chronic disease management

c. Please also submit documentation of the partnership with each listed organization. Documentation may be provided separately for each organization listed above and could



include: a contract; a memorandum of understanding; a business association agreement; a Letter of Partnership from the listed organization(s); or similar documentation. If a Letter of Partnership is provided, in it the organization should: (1) acknowledge that it intends to partner; (2) provide a brief description of the organization; (3) express agreement with the planned intervention; and (4) express agreement with the planned role it will have in leadership and implementation of the intervention as expressed above. The letter should be signed by a member of the organization's management and submitted with this application in the same .pdf document. The Letter of Partnership Template can be found on the [HTP webpage](#).

